



**HATFIELD  
CHRISTIAN  
CHURCH**

## **LIFE GROUP GUIDELINE TERM 1 WEEK 8**

**29 March 2018**

### **Fight to remain standing**

'Therefore take to yourselves the whole armour of God,  
that you may be able to withstand in the evil day,  
and having done all, to stand.'  
Ephesians 6:13 (NKJV)

#### **Icebreaker**

When mineworkers go down in the shaft, they wear hard hats and protective clothing. Is there any sport or profession you were involved in when you had to wear such protective gear (*e.g. paint ball, cricket, etc.*)?

#### **Introduction**

God is all-powerful and above all creation and the Bible says there is none like Him. Through Paul, the armour of God is revealed to us as protection in the war between mankind and the devil. This is a war we've been fighting since the Garden of Eden. There is no contest between God and Satan. He cannot contend with God, so he comes against us, the children of God. The devil uses his age-old tactics of discouraging and sowing doubt in the hearts of God's children to distract them in their walk with God. The Lord Jesus defeated the enemy on the cross and it is in His power that we can remain standing when the evil one comes against us.

#### **Discussion**

- In Ephesians 6:14-16, the armour of God is explained and it can be applied to these three areas of our lives:
  - Character - the belt of truth and the breastplate of righteousness;
  - Confidence - the helmet of salvation and the shield of faith;
  - Consistency - the sword of the Spirit and the shoes of the readiness to share the Gospel.

Discuss how you can apply each piece of the armour of God in these three areas of your life.

- Read Ephesians 6:18-20. Paul asks the church of Ephesus to pray for him so that he can share the gospel message boldly. Do you think we can apply this prayer to our lives today? Where and when is it our responsibility to share the gospel?
- As a community, we have looked at all the chapters of Ephesians this quarter. What stood out to you from the sermon series this term?
- What has changed in your thinking, attitude, and behaviour this term as a result of the Lord's working in your life?
- In the light of Good Friday, the day we remember what the Lord Jesus has accomplished on the cross, consider sharing Holy Communion in your life group.

### **Prayer**

- Thank the Lord Jesus for dying on the cross for all mankind, that through His death He disarmed principalities and powers and made a public spectacle of them. Thank Him that in His power we can stand against the evil one.
- Pray for each other where we struggle to apply the armour of God to our lives.
- Pray for one another to boldly speak the good news of the Gospel whenever an opportunity presents itself.