



**HATFIELD
CHRISTIAN
CHURCH**

LIFE GROUP GUIDELINE TERM 1 WEEK 2

15 February 2018

Blessed for the Quest

'Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ.'

Ephesians 1:3 (NIV)

Icebreaker

Describe your best, worst, or most memorable Valentine's Day.

Introduction

As disciples we are on a quest to make Jesus part of all of our lives. This means that what we believe should align with how we live. This is often easier said than done! However, Ephesians 1 shows us that we have everything we need for this journey – in Christ, we are blessed for the quest.

Discussion

- As a starting point, Ephesians 1 tells us that we are blessed, chosen, adopted, accepted, redeemed, and forgiven.
 - Scripture hunt: Can you identify which verses in this chapter tell us this?
 - We were chosen in Him before the creation of the world – before we could do anything to earn His love, or mess anything up. Take a moment to allow this to sink in, from your head to your heart.
 - How does this change the way you think about God, yourself and others?
- Where (in what circumstances) do you find it easier to 'walk the talk'?
- Where do you find it particularly difficult to live out your beliefs? Is there a time or place where what you believe and how you behave are worlds apart? What makes it difficult?
- Consider the repetition of the phrase 'in Him' / 'in Christ'. It is only in Jesus that we are able to 'walk the talk'. In our quest, let us not become sin or self-focused, but instead,

Christ-focused. How can you rehearse His gospel to your heart in such a way that it motivates and animates all that you do?

- With this in mind, what does being a disciple look like for you in your workplace, family, and friendship circles?

Prayer

- Pair up with one another and pray Paul's prayer over each other (Ephesians 1:15-23).
- In your pairs, pray for any personal requests.
- As a group, pray for our country that the Lord would guide the processes currently underway and grant wisdom to those with decision-making abilities. Pray for wise decisions that would be for the common good.