



HATFIELD  
CHRISTIAN  
CHURCH

## LIFE GROUP GUIDELINE TERM 1 WEEK 1

8 February 2018

### The Disciple's Quest

'...live a life worthy of the calling you have received.'

Ephesians 4:1 (NIV)

#### Icebreaker

Adventure can be defined as 'an unusual and exciting or daring experience'. What do you regard as your greatest or most recent adventure?

#### Introduction

This term we will be delving into the book of Ephesians, a great handbook for our quest as His disciples. This masterful epistle has two main parts. Chapters one to three deal with what we believe as disciples. Chapters four to six look at how we live out these beliefs in everyday life. These two aspects are inextricably linked. It is only as we grasp the extravagant grace extended to us by our Lord, that we are able to live lives worthy of the calling we have received (Ephesians 4:1).

#### Discussion

- Consider watching this brilliant clip by *The Bible Project*, summarising Ephesians, to whet your appetite for what's ahead: <https://www.youtube.com/watch?v=Y71r-T98E2Q>
- Read John 1:38. Sometimes, like many in the crowds in Jesus' day, we follow Christ for the wrong reasons. We seek healing, peace, financial prosperity, or relational well-being. While these things are not wrong, they can't be ultimate. God is not a means to an end. Discuss this amongst yourselves. How does this challenge you personally?
- What is your strategy for living 'a life worthy of the calling you have received' (Ephesians 4:1)? Do you grit your teeth and try harder each day? Or have you given up? What would be the biblical strategy?

*Marvel at the gospel – the unfathomable grace extended to us – so that we in turn can extend this to others.*

- How are you able to forgive someone? Consider this quote by C.S. Lewis:  
'To be a Christian means to forgive the inexcusable because God has forgiven the inexcusable in you.'
- 'The disciple's belief must be matched by the disciple's actions.' – Louis Kotze. In what ways do your actions need to align with your beliefs?

## **Prayer**

- Listen to this song and marvel at *the overwhelming, never-ending reckless love of God*.  
<https://www.youtube.com/watch?v=vCeIB54D7nU>
- Allow your heart to respond in gratitude and spend time thanking the Lord together for His grace, goodness, and abundant generosity in your lives.
- Pray for those who feel there is a strong or specific discord between what they believe and how they live.
- Pray for one another that we would be salt and light in our places of influence, that we would be disciples who make disciples!